

Specific hours and availability may be subject to change. Call before seeking services.

Name & Location	Phone Number	Days/Hours	Services Provided			
	COMMUNITY ASSISTANCE PROGRAMS					
American Red Cross 6300 Rockwell Drive NE Cedar Rapids, IA 52402	319-393-3500	24 hrs/ day for active duty military & their families 24 hrs/ day for those affected by disaster	Facilitates loans for active duty military through the Military Aid Society. Immediate needs for food, and shelter to those who have been affected by disaster. www.redcross.org			
Helping Hands Ministry 601 Second Avenue SE Cedar Rapids, IA 52401	319-366-2651	Usually closes between Christmas and New Year. M,Tu,W,Th,F 10:00 AM - 4:00 PM	Helping Hands Ministry (HHM) serves people needing financial assistance, referrals, supportive services and advocacy. HHM primarily provides referrals and limited financial assistance for rent, utilities, auto gas, and ID replacement. HHM also provides financial and life coaching and printed resource lists and information. Personal care items and laundry soap are distributed as they are donated. www.ecc-cr.net			
Homeowner's HOPE HOPE Hotline	888-995-4673	24/7	Counseling service for those in danger of foreclosure. Counselors are trained to set up a plan of action. On-line counseling is also available. www.995hope.org			

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cell phone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 lowa" on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncountyiowa.gov/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.



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Iowa Legal Aid 317 7th Ave SE Cedar Rapids, IA 52401	319-364-6108 800-532-1275	In person assistance hours. New intakes will be taken during office hours & by phone, Monday - Friday, 9 AM -11 AM & 1:30 PM -3:30 PM, except Thursday afternoons. If an emergency, new applications will be accepted at any time. Interpreters provided. M,Tu,W,Th,F 9:00 AM - 4:30 PM	ILA can help with utility shut-offs, debt collection issues, garnishments, and income tax problems, especially tax controversies. Free legal services provided for persons who meet income and asset guidelines. Se habla Español. www.iowalegalaid.org
Iowa Mortgage Help Hotline	877-622-4866	M,Tu,W,Th 8:30 AM - 4:00 PM F 8:30 AM - 12:00 PM	For those at risk of losing their home to foreclosure. Mediation service will explore if borrowers and their lenders might be able to agree on an approach to avoid foreclosure. Be prepared to provide full financial information. For those who have mortgage concern of any kind. Services are free to clients. www.iowamortgagehelp.com



Metro Catholic Outreach 420 6th Street SE Cedar Rapids, IA 52401	319-739-5490	M,Tu,W,Th 9:00 AM - 3:00 PM Food pantry hours & at 5 PM. Must call ahead -register. W 1:00 PM - 3:00 PM Th 7:00 AM - 12:00 PM	When funds are available, provides financial assistance with housing and utility costs for qualifying applicants. Call first for information regarding scheduling an appointment for assistance. Food pantry available; call 24 hrs in advance to register. www.metrocatholicoutreach.org
St. Vincent De Paul 928 7th Street SE Cedar Rapids, IA 52403	319-365-5091	Tu,W,Th,F 9:00 AM - 2:00 PM	We provide rent or utility assistance for low- income persons in our community when funds are available. Applications for assistance are taken on Wednesday and Thursday from 9am to 12:00pm. You must bring in a paper copy of your lease and a photo ID for rent assistance, for utility assistance you a paper copy of your most recent utility bill with a photo ID. www.crsvdp.org
The Salvation Army 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	M,Tu,W,Th,F 1:00 PM - 4:30 PM 8:30 AM - 12:00 PM	Open to all. Service: Services for transients and families by direct request or agency referrals. Offers Pathway of Hope Program case management for families. Local help with financial emergencies, food, and more. Rental and utility assistance available. Food pantry available by appointment. Can assist in providing work clothes and shoes necessary for a new job. Must meet income guidelines. www.tsacedarrapids.org



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	ENERGY ASSISTANCE					
Area Payee Services 4850 16th Ave sw APT 109 Cedar Rapids, IA 52404	319-364-9800	Closed everyday 11:45 AM -12:30 PM Tu,W,Th,F 9:30 AM - 4:30 PM	Payee services ensure bills are paid on time and individuals have money budgeted throughout the month. The cost of this service is \$41. www.areapayeeservices.com			
HACAP - Utility Assistance 1328 2nd Avenue SE Cedar Rapids, IA 52403	319-366-7631 319-366- 7632	M,Tu,W,Th,F 1:00 PM - 4:00 PM 8:00 AM - 4:30 PM	Low Income Home Energy Assistance Program (LIHEAP) applications available between October - April for one-time payment to primary heat vendor. Energy crisis assistance available April - September. Can assist with energy crisis payments for heat, electric and propane year round for those that meet income and program guidelines as funds allow. www.hacap.org			
HACAP Energy Assistance & Weatherization 1515 Hawkeye Drive Hiawatha, IA 52233	319-366-7632 319-366- 7631	M,Tu,W,Th,F 8:00 AM - 4:30 PM	Must meet income guidelines to qualify for assistance with heating payment, energy crisis assistance, weatherization services, furnace replacement or repair. www.hacap.org			
Linn County General Assistance 1240 26th Avenue Ct. SW Cedar Rapids, IA 52404	319-892-5850	(Door closes at 3:50 PM). Closed holidays. M,Tu,W,Th,F 7:30 AM - 4:00 PM	Utility assistance available for gas, electric and water bills. Utility bill must be in the name of the person applying for assistance. Must meet eligibility guidelines. Please visit our website to start the application process with a screening form. www.linncounty.org/143/General-Assistance			



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Linn County Veteran Affairs 1240 26th Avenue Ct. SW Cedar Rapids, IA 52404	319-892-5160	M,Tu,W,Th,F 7:30 AM - 4:00 PM	Serves all veterans according to 35B Code of lowa definition. Must meet income guidelines that are determined by Linn County Board of Supervisors and will be verified. Utility assistance available for electric, gas, or water for current month. Required to apply for LIHEAP. www.linncounty.org/154/Veteran-Affairs
Matthew 25 201 3rd Avenue SW Cedar Rapids, IA 52404	319-362-2214	M,Tu,W,Th,F 10:00 AM - 2:00 PM	An AmeriCorps team working with Matthew 25 provides free residential energy audits to all Linn County residents. Services also include low-cost weatherizations and free weatherization services to homeowners and tenants who are low-income, disabled, veterans, or over the age of 65. www.matthew-25.org
	FINA	NCIAL MANAGEMENT	
Financial Counseling Center 4403 1st Avenue SE Cedar Rapids, IA 52402	319-373-8297	Tu 9:30 AM - 4:00 PM W,Th,F 9:30 AM - 5:30 PM	Open to all. For those individuals that are in need of budget or money management improvement. The cost for service is based on a sliding fee scale.
Horizons Financial Wellness Center 819 Fifth Street SE Cedar Rapids, IA 52401	319-398-3943	By appointment M,Tu,W,Th,F 8:30 AM - 3:30 PM	Budget Management Learn how to create a budget and manage your money. A budget can help you feel more in control of your finances and make it easier to



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			save for your goals.
			Credit Counseling How can you improve your credit score and clean up your credit report? There is no magic formula, but we'll help you with strategies focused on using credit responsibly and opportunities for improvement.
			HUD-Certified Housing Counseling Our HUD-Certified counselors can help you determine if you are ready for homeownership and determine the steps you'll need to take before you buy and what to expect after you purchase your home.
			Student Loan Counseling Understand what student loans you need, learn what to expect as graduation draws near, get on track with a repayment plan and better understand loan forgiveness programs.
			Financial Literacy and Homeownership Classes Whether it's online or in person, we offer educational classes that help your overcome barriers and put you on the road to financial independence and stability.
			Representative Payee Program



			We support independent living for disabled adults with this program to handle bill paying and management of SSI and SSDI income. https://horizonsfamily.org/financialwellness/		
Total Payee Services 1660 42nd St NE Ste O Cedar Rapids, IA 52402	3198621582	Closed from 12:00pm through 1:00pm everyday M,Tu,Th,F 9:00 AM - 5:00 PM	Social Security Representative Payee Services and VA Fiduciary Services www.totalpayee.com		
	LOW INCOME ASSISTANCE				
Department of Human Services 1240 26th Avenue Court SW Cedar Rapids, IA 52404	319-892-6700	Phone interview available Monday - Friday 8 AM - 4:30 PM for food assistance. M,Tu,W,Th,F 8:00 AM - 4:30 PM	Low Income. Service: Provides cash assistance, Title 19 (Medicaid), food assistance and childcare. For child protective services, call toll-free (800) 362-2178, 24-hours per day. www.dhs.iowa.gov		
Linn County General Assistance 1240 26th Avenue Ct. SW Cedar Rapids, IA 52404	319-892-5850	Door closes at 3:45 PM Closed holidays. M,Tu,W,Th,F 7:30 AM - 4:00 PM	Provides emergency financial assistance for rent, gas, electric, water bill, home-mortgage interest, and burial/cremation. Must meet income guidelines based on 30% Area Median Income. www.linncounty.org/143/General-Assistance		



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